

# Independent Living February 2019

Activity Office  
8:00 a.m.-4:00 p.m.  
Mon.- Fri.  
April x1330  
Lauren x1335

Sat./Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Birthdays
<p><b>Room Location Code</b> 1E Solarium—1st Floor past Hosp. Ct. Bank Rm. – 3<sup>rd</sup> Floor C-Cove 2nd floor CH – Chapel – 1<sup>st</sup> floor Cafe – 2<sup>nd</sup> floor Dr.’s Rm-3rd floor</p>	<p>FR – Family Room-1<sup>st</sup> floor HC – Hosp. Court - 1<sup>st</sup> floor HE—Harbor East 3rd floor N-Neighborhood 3rd floor</p>				<p>9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 2:30 New Resident Welcome (FR) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>1</b> 1 Wayne Keen HC 2 Corey Forstrom DP Nate Hale DP 3 Elsie Swanson IL 5 Vi Voorhies IL 6 Lynn Eckberg IL 7 Ellis Powell HC 13 Joy Carlson IL 15 Beatrice Otdoerfer HC 17 Shirley Gipson DP 20 Harold Bridgeland HE Anita Saben HC 22 Ellen Burkett DP 23 Gert Breidigam IL 24 Elaine Larson HE Ray Brackelsberg IL 26 Gus Salin HC Lloyd Anderson IL 27 Mary Anderson-Hendershot DP</p>
<p><b>2</b> 8:30 Pedicures (Dr.’s Rm.)  <b>10:20</b> Worship Service (CH)</p>	<p><b>3</b> 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Bible Study “Jude” with Chaplain David (CH) 1:30 Resident Council (Conf. Rm.) 2:30 Cooking with Lauren (Hosp. Ct.)  FL Supper</p>	<p><b>4</b> 9:15 Chapel (CH) “Norm Collins” 10:00 Walmart &amp; Stores 10:45-11:15 Mogli with Kaylin and Kids (FR) 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 7:00 Ace Holsinger (CH) 8:00 Social (FR)</p>	<p><b>5</b> 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Prayer &amp; Share (FR) 12:30-2:30 Midland Bank (Bank Rm.) 1:00 Book Club (1st FL. E Solarium) 1:30 Knitting/Crochet Group (FR) 2:30 Rock House Kids Presentation (CH)</p>	<p><b>6</b> 7:00 Check-ups A-D 9:15 Chapel (CH) “Jim Schwam” 10:40 Stretch &amp; Balance (Ex. Rm.) 2:30 What You Always Wanted to Know “Valentines &amp; Love” (FR) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>7</b> 9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 2:00 Movie &amp; Popcorn “Pillow Talk” (FR) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>8</b> 15 Beatrice Otdoerfer HC 17 Shirley Gipson DP 20 Harold Bridgeland HE Anita Saben HC 22 Ellen Burkett DP 23 Gert Breidigam IL 24 Elaine Larson HE Ray Brackelsberg IL</p>
<p><b>9</b>  <b>10:20</b> Worship Service (CH)</p>	<p><b>10</b> 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Bible Study “In His Steps” John 1:35-42 with Chaplain David (CH) 1:30 Bag Chocolates for Valentine’s Day Sale (FR) 2:00 Valentine’s Day Craft (FR)  FL Supper</p>	<p><b>11</b> 9:15 Chapel &amp; Communion “Chaplain David” (CH) 10:00 Walmart &amp; Stores 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 5:30 Bingo (FR)</p>	<p><b>12</b> Public Library Books are Due! 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Prayer &amp; Share (FR) 12:30-2:30 Midland Bank (Bank Rm.) 1:00 Book Club (1st FL. E Solarium) 1:30 Knitting/Crochet Group (FR) 2:30 Chocolate Tasting (FR)</p>	<p><b>13</b> 7:00 Check-ups E-J 9:00-12:00 Carnation/Chocolate Sale (Cafe Lounge) 9:15 Chapel (CH) “Heath Tibbits” 10:00 Walmart 10:40 Stretch &amp; Balance (Ex. Rm.) 2:30 “The Men Who Built America” Pt.3 (FR) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>14</b> 9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 2:30 The Classic Choral (CH) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>15</b> 26 Gus Salin HC Lloyd Anderson IL 27 Mary Anderson-Hendershot DP</p>
<p><b>16</b>  <b>10:20</b> Worship Service (CH)</p>	<p><b>17</b> 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Bible Study “In His Steps” John 1:43-51 with Chaplain David (CH) 2:30 Lincoln Documentary (FR)  FL Supper</p>	<p><b>18</b> 9:15 Chapel (CH) “Gordon Hansted” 10:00 Walmart &amp; Stores 1:00 Skip Bo (FR) 2:00 Bowling (FR) 6:30 James Giancolone Concert (CH) 7:30 Social (FR)</p>	<p><b>19</b> 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Prayer &amp; Share (FR) 12:30-2:30 Midland Bank (Bank Rm.) 1:00 Book Club (1st FL. E Solarium) 1:30 Knitting/Crochet Group (FR) 2:00 Bowling Tournament (FR)</p>	<p><b>20</b> 7:00 Check-ups K-Q 9:15 Chapel (CH) “Dan Wynard” 10:00 Walmart 10:00 Ministers &amp; Missionaries (CH Left Side Break Out Rm.) 10:40 Stretch &amp; Balance (Ex. Rm.) 2:30 Men’s Group with Bob Johnson “Target Practice” (FR) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>21</b> 9:00 Exercise - Ch. 8 9:15 Bible Reading (FR) 2:30 Summer Event “Under the Shade Tree” (CH) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>22</b> 16 Roland &amp; Esther Gustafson 25 Donald &amp; Joan Massier</p>
<p><b>23</b>  <b>10:20</b> Worship Service (CH)</p>	<p><b>24</b> 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Bible Study “In His Steps” Matt. 4:18-22 with Chaplain David (CH) 2:30 “My Parents’ Stories” (CH) Speaker on the Holocaust  FL Supper</p>	<p><b>25</b> 9:15 Chapel (CH) “Earnest Gardner III” 1:00-2:00 Eye Glass Clinic (Bank Rm.) 10:00 Walmart 1:00 Skip-Bo (FR) 2:00 Bowling (FR) 4:00 Birthday Party Set Up (Hosp. Ct.) 7:00 Birthday Party (Hosp. Ct.)</p>	<p><b>26</b> 9:00 Sit &amp; Fit (Ex. Rm.) 10:00 Prayer &amp; Share (FR) 12:30-2:30 Midland Bank (Bank Rm.) 1:00 Book Club (1st FL. E Solarium) 1:15-2:00 Hearing Aid Clinic (Dr.’s Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Bingo (FR)</p>	<p><b>27</b> 7:00 Check-ups R-Z 9:15 Chapel (CH) “Chaplain David” 10:00 Walmart 10:40 Stretch &amp; Balance (Ex. Rm.) 1:30 All About Heart Health (Ex. Rm.) 2:30 Antarctica “A Year On Ice” Documentary (FR) 6:00 Game Night (FR &amp; Cafe)</p>	<p><b>28</b></p>	

**Anniversaries**

# February 2019

## Cove, Neighborhood, & Harbor East

Office Hours—Mary Brouer  
 Mon., Wed., Thurs., Fri.  
 9:00 a.m. - 5:15 p.m.  
 Tues., 1:15-5:15  
 X 1416

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 Exercise - Ch. 8 <b>1</b> 9:15 Bible Reading (FR) 2:30 "The Things We Love" Social (HE Living Rm.)	Coffee & Cookies <b>2</b> 1:45 -2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) <b>3</b>	10:00 Bible Study "Jude" with Chaplain David (CH) <b>4</b> 10:50 Exercise with Julie (HE Living Rm.) 2:30 Valentine's Day Craft (HE Living Rm.)	9:15 Chapel (CH) "Norm Collins" <b>5</b> 10:15 Exercise with April (HE Living Rm.) 10:45-11:15 Mogli with Kaylin and Kids (FR) 2:30 Bingo (HE Living Rm.) 7:00 Ace Holsinger (CH) 8:00 Social (FR)	10:00 Prayer & Share (FR) <b>6</b> 10:15 Exercise with Julie (HE Living Rm.) 1:00 Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 Rock House Kids Presentation (CH) <i>Happy Anniversary Rich &amp; Sharon Holmin!</i>	7:00 Check-ups A-D <b>7</b> 9:15 Chapel (CH) "Jim Schwalm" 10:15 Exercise with Mary (HE Living Rm.) 2:15 Mya Visit (HE Living Rm.) 2:30 What You Always Wanted to Know "Valentines & Love" (FR)	9:00 Exercise - Ch. 8 <b>8</b> 9:15 Bible Reading (FR) 2:00 Movie & Popcorn "Pillow Talk" (FR)	Coffee & Cookies <b>9</b> 1:45-2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) <b>10</b>	10:00 Bible Study "In His Steps" John 1:35-42 with Chaplain David (CH) <b>11</b> 10:50 Exercise with Julie (HE Living Rm.) 2:30 Valentines/Cards for Kids (HE Living Rm.)	9:15 Chapel/Communion "Chaplain David" <b>12</b> 10:15 Exercise with April (HE Living Rm.) 2:30 Word Games (HE Living Rm.)	10:00 Prayer & Share (FR) <b>13</b> 10:15 Exercise with Julie (HE Living Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Chocolate Tasting (FR) 4:00 Ladies Nail Hour (N)	7:00 Check-ups E-J <b>14</b> 9:15 Chapel (CH) "Heath Tibbets" 10:15 Exercise with Mary (HE Living Rm.) 1:00 Questions with Alexa (HE Living Rm.) 2:30 "The Men Who Built America" Pt.3 (FR)	9:00 Exercise - Ch. 8 <b>15</b> 9:15 Bible Reading (FR) 2:30 The Classic Choral (CH) 4:00 Rummikub (HE Living Rm.)	Coffee & Cookies <b>16</b> 1:45:2:30 Harbor East Living Rm. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) <b>17</b>	10:00 Bible Study "In His Steps" John 1:43-51 with Chaplain David (CH) <b>18</b> 10:50 Exercise with Julie (HE Living Rm.) 2:30 Lincoln Documentary (FR)	9:15 Chapel (CH) "Gordon Hanstad" <b>19</b> 10:15 Exercise with April (HE Living Rm.) 2:30 Bingo (HE Living Rm.) 6:30 James Giancolone Concert (CH) 7:30 Social (FR)	10:00 Prayer & Share (FR) <b>20</b> 10:15 Exercise with Julie (HE Living Rm.) 1:00 Nails (N) 1:30 Knitting/Crochet Group (FR) 2:30 Active Games (HE Living Rm.) <i>Happy Birthday Harold Bridgeland! (HE)</i>	7:00 Check-ups K-Q <b>21</b> 9:15 Chapel (CH) "Dan Wynard" 10:15 Exercise with Mary (HE Living Rm.) 1:00 Questions with Alexa (C) 2:30 Word Games (HE Living Rm.)	9:00 Exercise - Ch. 8 <b>22</b> 9:15 Bible Reading (FR) 2:30 Summer Event "Under The Shade Tree" (CH)	Coffee & Cookies <b>23</b> 1:45-2:30 Harbor East Living RM. 2:00 Neighborhood 3:00 Cove
10:20 Worship Service (Chapel) <b>24</b>	10:00 Bible Study "In His Steps" Matt. 4:18-22 with Chaplain David (CH) <b>25</b> 10:50 Exercise with Julie (HE Living Rm.) 2:30 "My Parents' Stories" (CH) Speaker on the Holocaust 4:00 Matching Game (HE Living Rm.)	9:15 Chapel (CH) "Ernest Gardner III" <b>26</b> 10:15 Exercise with April (HE Living Rm.) 1:00-2:00 Eye Glass Clinic (Bank Rm.) 2:00 Resident Council (Bank Rm.) 2:30 Monthly Birthday Party (HE Living Rm.) 7:00 Birthday Party (Hosp. Ct.)	10:00 Prayer & Share (FR) <b>27</b> 10:15 Exercise with Julie (HE Living Rm.) 1:00 Nails (N) 1:15 Hearing Aid Clinic (Dr.'s Rm.) 1:30 Knitting/Crochet Group (FR) 2:30 Sing Along with Briana & Tim (HE Living Rm.)	7:00 Check-ups R-Z <b>28</b> 9:15 Chapel (CH) "Chaplain David" 10:15 Exercise with Mary (HE Living Rm.) 2:30 Antarctica "A Year On Ice" Documentary (FR)	<u>Key</u> HE—Harbor East Living Rm. (3rd) N- Neighborhood (3rd) C- Cove (2nd) HC—Hospitality Court (1st) CH—Chapel (1st) Cafe—(2nd) FR—Family Rm. (1st)	

# FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2nd Floor Health Center</b>					<b>HAPPY BIRTHDAY</b> Beatrice Otdoerfer Feb. 15th Elaine Larson Feb. 24th Gus Salin Feb. 26th	
					Hang Calendars 1 10:15 Deal or No Deal *11:00 Table Time 2:45 Peppar Kakor & Music 4:15 Fill in the Blank	2 9:40 - 10:10 Crossword 2:30 Bingo
3 10:00 First Free Service 2:00 Movie, Chn. 8  Weekly Theme THE ALPS	4 10:15 Exercises *11:00 Move to Music 2:30 Make a Placemat 4:00 Johnny Carson	5 10:15 Chapel 10:30 Travelogue 2 - 4 Coffee Shop 4:15 Brain Buster 1 7:00 Ace Holsinger	6 9:15 Catholic Com 10:00 Bingo 2:30 Converation Hearts (2) 4:30 Hymns w/Deb	7 10:30 Snowball Fight 2:00 Farkle *3:30 Kick & Catch 4:30 News Currents 7:00 Lawrence Welk	8 9:30 - 11 Nails *11:00 Table Time 2:30 Chocolate Social & Hot Chocolate 3:30 - 5 Sound of Music 6:30 - 8 Sound of Music	9 9:40 - 10:10 Crossword 2:30 Bingo
10 10:00 First Free Service 2:00 Movie, Chn. 8  Weekly Theme ANTARTICA	11 10:15 Exercises *11:00 Instruments 2:00 March of the Penguins 4:00 Activity Tables	12 *Bread Machine 10:15 Chapel & Com. 10:30 Travelogue 2:45 Bread & Butter 4:00 Tic-Tac-Toe Toss	13 9:15 Catholic Com 10:00 Bingo 1:50 - 2:10 Toby (dog) 2:45 Romicube	14 10:15 Hangman 2:00 Dominoes *3:30 Music 4:15 News Currents (Lounge)	15 10:15 Family Feud 1 - 2 Door to Door 2:30 Classic Coral Valentine Program 4:20 - 5:00 BINGO	16 9:40 - 10:20 Crossword
17 10:00 First Free Service 2:00 Movie, Chn. 8  Weekly Theme SUMMER BREAK	18 10:15 Exercises *11:00 Table Time 3:00 Make & Eat Strawberry Shorcake 4:00 Carol Burnette	19 10:15 Chapel 10:30 Moody, Summer 4:15 Brain Buster 2 *7:00 Target Group	20 9:15 Catholic Com 10:00 Bingo 2:30 Volleyball & Root Beer Float 3:45 Activity Tables	21 10:00 President Pack 2:00 Resident Council *3:30 Balloon Ball *3:30 Sea & Shells 4:30 News Currents	22 9:30 - 11:30 Spa Morning Summer Lunch Meal. 2:30 Under the Shade Tree: Chapel	23 9:40 - 10:10 Crossword 2:30 Bingo
24 10:00 First Free Service 2:00 Movie, Chn. 8  Weekly Theme SPORTS	25 10:15 Exercises *11:00 Table Bowling  2 - 4 Football Movie: Facing the Giants	26 10:15 Chapel 10:30 Sports Bloopers 2:45 Birthday Party 4:15 Shuffle Board 6:45 Cadbury	27 WEAR YOUR TEAM SHIRT 9:15 Catholic Com 10:00 Bingo 1:50 - 2:10 Toby (dog) 2:30 Square Dancing 4:00 Activity Tables	28 10:00 Wii Sports 2:00 Uno Attack *3:30 Cold / Warm *3:30 Tic-Tac-Toe Toss 4:30 News Currents *7:00 Target Group	March 1st 10:00 Story Telling *11:00 Table Time 2:30 Entertainment 4:00 Sports Hangman	<b>ALL Activities Are Subject To Change</b>

# FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3rd Floor Health Center</b>					<b>HAPPY BIRTHDAY</b> Wayne Keen Feb. 1st Ellis Powell Feb. 7th Anita Saben Feb. 20th	
10:00 First Free Service 3 2:00 Movie, Chn. 8 Weekly Theme THE ALPS	10:30 BINGO 4 1:45 - 3:15 Sound of Music (part 1) 4:15 - 5:15 Sound of Music (part 2)	10:00 Gaither's 5 10:35 Chapel 2:15 Game Hour *3:45 Fun Animals *3:45 Balloon Ball 4:45 Hangman 7:00 Ace Holsinger	10:15 Travelogue 6 10:50 Exercise 1 - 2 Room Reads 2:30 Cooking Club 4:30 News Currents	10:30 Snowball Fight 7 1 - 2 Variety Visits 2 - 4 Coffee Shop 4:15 Activity Tables	Hang Calendars 1 10:30 News Currents 1 - 2 Door to Door 2:45 Peppar Kakor & Music 4:00 Dick Van Dyke	10:20- 10:40 Bingo 2 4:00 Brain Buster
10:00 First Free Service 10 2:00 Movie, Chn. 8 Weekly Theme ANTARTICA	10:30 BINGO 11 1 - 2 Door to Door 2:45 Card Game 4:30 <i>Touched by an Angel</i>	10:00 Spiritual Poems 12 10:35 Chapel & Com. Dakim *3:45 Smells 4:45 Hangman	10:15 Travelogue 13 10:50 Exercise 1:30 - 1:50 Toby (dog) 2:30 Craft 4:15 Hymns w/Deb	*Bread Machine 14 10:00 News Currents *11:00 Table Time 2:30 Bread & Butter 3:30 March of the Penguins (L)	10:00 Who, What, When, Where 15 *11:00 Lounge Lotion 2:30 Classic Coral Valentine Program 4:15 BINGO	10:40 Sing-Along 16
10:00 First Free Service 17 2:00 Movie, Chn, 8 Weekly Theme SUMMER BREAK	10:30 BINGO 18 1 - 2 Variety Visits 2 - 4 Nice Nails & Gaither's Music 4:30 <i>Carol Burnette</i>	10:00 Moody, Summer 19 10:35 Chapel *3:45 Sea & Shells *3:45 Horseshoes / Rings 4:30 Hangman	10:15 Travelogue 20 10:50 Exercise 2:30 Volleyball & Root Beer Floats 4:30 President Pack	10:00 News Currents 21 *11:00 Table Time 2:00 Resident Council 4:15 Activity Tables 7:00 I Love Lucy	10:00 Crossword 22 2:30 Under the Shade Tree: Chapel 4:15 BINGO	10:40 Crossword 23 4:00 Hot Chocolate & Humor
10:00 First Free Service 24 2:00 Movie, Chn. 8 Weekly Theme SPORTS	10:30 BINGO 25 2 - 4 Football Movie: Popcorn & Facing the Giants	10:00 Karaoke Sing 26 10:35 Chapel 1:30 - 3 Indoor Walks *3:45 Kick / Catch *3:45 Music 7:00 Cadbury	WEAR YOUR TEAM SHIRT 27 10:15 Sports Bloopers 10:50 Exercise 1:30 - 1:50 Toby (dog) 2:30 Square Dancing 4:30 Fill in the Blank	10:00 News Currents 28 *11:00 Table Time 2:30 Birthday Party 4:15 Activity Tables	MARCH 1st 10:00 Wii Sports *11:00 Ball or Target Toss 2:45 Entertainment 4:15 BINGO	<b>ALL Activities Are Subject To Change</b>